



**Great that you are interested in this RYA course run at Medway Yacht Club.**

**Course: RYA Dinghy Level 1 Start Sailing**

**Length of course: 2 days**

**Timings: 9:30am – 4:30pm**

**Location: Medway Yacht Club, Lower Upnor, Rochester, Kent, ME2 4XB**

### **Who should do this course?**

If you are an adult interested in learning to sail with an instructor aboard the dinghy, this course is for you. Medway Yacht Club instruct using the Wayfarer dinghy.

This course is an introduction to sailing dinghies for complete beginners, covering everything you need to know to get afloat under supervision.

	<b>Dinghy Level 1 Start Sailing</b>
<b>Pre-course experience</b>	None
<b>Assumed Knowledge</b>	None
<b>Course content</b>	How to sail in all directions, including an awareness of launching and recovering
<b>Ability after course</b>	Able to sail in light winds under supervision
<b>Minimum duration</b>	2 day course
<b>Minimum age</b>	None (although under 16s may prefer to learn through the Youth Sailing Scheme). See sailing courses called 'Stages'.

### **Format:**

Afloat predominantly practical on the water with some classroom elements.



## Medway Yacht Club course terms and conditions

1. Participants must pay for courses at the time of booking.
2. Should a participant wish to cancel, they must do so giving not less than 14 days' notice before the start date of the course. In this event a full refund or credit will be made. If less than 14 days' notice is given, Medway Yacht Club will retain the full cost of the course.
3. Medway Yacht Club always reserves the right to cancel the course. Depending on reason for cancellation, Medway Yacht Club may credit to another course or offer a full refund to participants.
4. Participants with a medical condition must notify Medway Yacht Club through the booking process. This information is kept confidential.
5. All children under 14 years of age must be accompanied by a responsible adult who is on the club premises for the duration of the course. This responsible adult must be 18 years or older.
6. All bookings are accepted on the understanding that the participant confirms their suitability for taking part including pre course certification or experience required.
7. All participants must wear a personal flotation device whilst afloat.
8. Buoyancy aids used should comply with EN 393/ISO 12402-5 (50 Newton/Level 50) or USCG Type III PFD standards. Crotch straps should be used if fitted. Lifejackets should be MCA or MED approved ("Wheelmarked") or comply with BS EN 396, BS EN 399 standards or their successors ISO 12402-2, 3 or 6. Adult's lifejackets should be a minimum of 150N and be fitted with a crotch-strap, whistle, retro-reflective materials. Medway Yacht Club has a limited supply of personal flotation aids. Please let us know before the course starts if you need to borrow one.
9. In the case of unfavourable weather conditions on the day of training, land-based learning suitable to the course may be provided. In this instance no credit or refund will be due.
10. The instructor reserves the right to end the training session with immediate effect should the participant compromise safety, or the aims of the course, through inappropriate behaviour.
11. Participants are asked to respect all the equipment that is provided and anyone who causes wilful damage will be required to pay or replace damaged equipment.
12. Medway Yacht Club does not take any responsibility for any personal/hired items or property brought to the club by the participant.
13. The information given by you through booking will be used by Medway Yacht Club to keep a record of all training completed at the club.
14. Medway Yacht Club may take photographs and/or film footage of training for use by us in connection with the promotion of the club and our activities. Should you not consent to this use of photographs or film please notify the club in writing.